

It's a cinch to wow the crowd with Moody's catering, serve up our fresh-made, herb-tossed and spice-infused Mediterranean cuisine at your next event

### **HOW TO ORDER**

orders can be placed through e-mail: moudie@moodysmediterranean.ca

Or you can contact our catering team at: (403) 945-MOOD (6663)

we can accommodate same-day orders but we kindly ask that you place your order as early as possible to ensure your desired serving time

### THE DETAILS

All orders include plates, utensils and napkins Delivery available with any order size Delivery fee varies based on order and destination

Pricing is subject to change without notice











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# **PLATTERS**

### STARTING WITH GROUPS OF 6

Served with pita bread and Tzatziki sauce.

served buffet style

\$1299 per person

### PROTEINS: PICK 2

### Chicken Kebab

Chicken breast, cubed marinated with fresh herbs and spices

### Beef Kebab

Fresh Ground Beef, parsley, onions and spices

### Falafel

The crispy cousin of hummus. Golden-fried balls of ground chickpeas, parsley herbs and spices

### Lamb Kebab

Lamb, cubes, marinated with fresh herbs and spices

### Gyro/Donair

A mix of spiced Ground beef and lamb, cooked on a vertical rotisserie

### Shrimp

Shrimp seasoned with mediterranean spices

### SIDES: PICK 3

### **Greek Salad**

Tomatoes, cucumbers, green peppers, onions, greek dressing, fetta cheese, olives, on a bed of romain lettus

### **Fatouch Salad**

Lettus , onions, tomatoes, cucumbers, green peppers, onions, tangy sumac dressing, toped with pita chips

### Lemon Potages

Russet potaces oven cooked with vegetables, garlic, herbs and lemon Juice

### Hummus

Cooked Chickpeas, tahini(sesaeme paste), garlic, olive oil, salt and lemon Juice

### Caesar Salad

Fresh romain lettus, caesar dressing, croutons, toped with parmesan cheese

### Rice

Jasmine rice, vermicilie noodles, and vegetable stock

### **Mood Fries**

Skin on russet potaces fires, seasoned with lemon fluce, orageno and seasoned salt

### Fetta Cheese Dip (\$2 entra per 6 people)

Fetta cheese, olive oil, onions, tomatoes, and calamata olives

Please advise of any alergies or special conditions when ordering





# **WRAP TRAYS**

Hand-held Mediterranean tradition, all wraped up and ready to eat

Small \$43 serves 6 Large \$105 serves 15

### CHOICE OF

### KEBAB WRAP

Choice of kebab (chicken, Lamb, beef) topped with lettus onions tomatoes and tzatziki sauce

### FALAFEL WRAP

Hummus, lettus, onions tomatoes, pickles, and tahini sauce

### GYRO WRAP

Gyro meat toped with lettus, onions tomatoes and your choice of sweet or tzatziki sauuce

### VEGGIE WRAP

Lettus, onions tomatoes, pickles, cucumbers, green peppers drizzled with tzatziki sauce

### Add 3 sides

### Small \$30 serves 6 Large \$50 serves 15

Add a trio of our fresh sides to your wrap tray, choose any three (see options with platters at online)





### STUFFED PITA HALFS

Hand-held Mediterranean tradition, all stuffed up up and ready to eat

Small \$43 serves 6 Large \$105 serves 15

### CHOICE OF

CHICKEN, LAMB, BEEF, GYRO FALAFEL, VEGGIE

### Add 3 sides

Small \$30 serves 6 Large \$50 serves 15

Add a trio of our fresh sides to your wrap tray, choose any three (see options with platters at antine)

> Add a baklava dessert Small \$499 Large \$799

### **LOW CARB TRAYS**

Moody's Mediterranean Low Carb Trys are healthy foods for wealthy moods!



### **KEBAB LOW CARB**

Choice of Kebab skewer, served with your choice of salad,and our amazing tzatziki

\$50 serves 4-6 (6 Kebab Skewers) \$95 serves 10-12 (12 Kebab Skewers)



## PARTY STARTERS

From office meetings to get-togethers, our flavorful, vibrant offerings are sure to impress the crowd

### **KEBAB PARTY PACK**

Build your own Kebab wrap! Includes your choice of kebab, lettus, onions, tomatoes, jalapenos, pickles, pickled turebs, tzatziki and pita bread

\$40 serves 4-6 \$75 serves 10-12



Choice of seafood, served with your choice of salad,and our amazing tzatziki

\$65 serves 4-6 (6 portions) \$110 serves 10-12 (12 portions)



### **FALAFEL PARTY PACK**

Build your own Falafel wrap! Includes falafel, lettus,onions, tomatoes, jalapenos, pickles, pickled turnips, hummus and pita bread

> \$37 serves 4-6 \$70 serves 10-12





### MOODY'S SAMPLER TRAY

tzatziki, hummus, pita wedges. falafel, spanakopita, vine leafs and your choice of salad

\$50 serves 4-6 \$80 serves 10-12



### MOODY'S PITA & DIPS

tzatziki, hummus, feta cheese dip and pita wedges.

\$25 serves 4-6 \$45 serves 10-12

# ROASTED CHICKEN

Marinated with Mediterranean herbs and spices and oven roasted to perfection

### CHOICE OF

2 ROASTED CHICKENS

Serves 4 - 6 people

Serves 10 - 15 people

\$65

3 ROASTED CHICKENS \$95

Serves 6 - 10 people

5 ROASTED CHEICKENS \$150

10 ROASTED CHICKENS \$280

Serves 15 - 20 people

\*\*Get your chikens stuffed with rice, onions and sumac for only \$3 per chicken\*\*

### INCLUDES

Rice, lemon poatoes, your choice of 2 salads and our homemade tzatziki.

(see salad options with platters or online)

12 to 24 hours pre-order required





# LAMB ROAST

Marinated with mediterranean herbs and spices and slow roasted to perfection for 8 hours

### CHOICE OF

LAMB SHANKS

\$250

HALF ROASTED LAMB

Serves 15 - 20 people

\$400

STUFFED WHOLE LAMB \$750

serves 10 - 15 people

STUFFED WHOLE LAMB \$800

stuffed with rice, serves 30- 50 people

Stuffed with vince leafs, serves 3D-50 people

### INCLUDES

Served with ouzie rice, your choice of 2 salads and our homemade tzatziki. (Dessert Baklava included)

(see salad options with platters or online)

1 to 2 days pre-order required

# **EXTRAS**

	SMALL	LARGE
SALADS	\$12.99	\$18.99
CALAMARI	\$15.99	\$29.99
RICE	\$7.49	\$13.00
LEMON POTATOES	\$9.99	\$15.99
MOOD FRIES	\$9.99	\$15.99
PITA BREAD	\$19.99	per dozen
CHEESE FATAYER	\$12.99	per dozen
SPINACH FATAYER	\$12.99	per dozen
BEEF FATAYER	\$12.99	per dozen

VINE LEAFS \$5.99 per dozen Grape leaves stuffed with rice and herbs FALAFEL

Original house made -\$5.99 per dozen

OPEN FIRE GRILLED KEBAB SKEWERS

Chicken, Lamb, Beef - \$388 per skewer

GYRO MEAT

\$16.99 per pound

CHICKEN SHAWARMA

\$17.99 per pound, minimum 5lb order

**GRILLED SEAFOOD** 

Salmon or Shrimp - \$499 per portion

# **SAUCES & DIPS**

\$8.99 pint

### TZATZIKI

Low-fat yogurt, cucumbers, dill, garlic, lemon juice, seasoned salt and oregano

### GARLIC (TOUM)

Garlic, oil, vinger, Lemon juice and salt

### SWEET

Evaborated milk, mayo, and sugar

### HUMMUS

Chickpeas, sesame paste, lemon juice, olive oil and salt

### TAHINI

Sesame paste, lemon juice, salt, and balck pepper

### FETA CHEESE DIP

Feta cheese, tomatoes, onions, orageno and olive oil

## **DESSERTS & BEVERAGES**

### BAKLAVA

1/2 dozen \$4.99 or a dozen \$7.99

### RICE PUDDING

Small \$4.99 Large \$7.99

### KUNAFA

Personal plate \$7.99 Group tray \$59.99

### EACH DOZEN

BOTTLED WATER \$12.99 \$1.99 \$12.99 SODA CANS \$1.99 SPECIALTY COLD BEVERAGES

Fesh pressed Lemonade, Fresh pressed Orange juice, Iced Tea (Ask for pricing)

### SPECIALTY HOT BEVERAGES

Coffee, Turkish Coffee, Arabic Tea Hot Chocolate (Ask for pricing)



















